



Funletter

Special Notes:

- Sara Huber won a \$5 gift card
- The next tournament is Sunday, January 11 at Cedarwood Farm in Durham.
- The February tournament is going to be moved from Feb. 8th.
- Congrats to Ashley Tharp on getting her own brand new Freedman saddle for Christmas!!!
- ASAC Awards and Dinner on 24- Jan

Head Over Hooves Youth Club

The Head Over Hooves Youth Club had their first meeting on 13-Dec at the farm. They collected canned good for the Tri-Area Ministry and clothes, money and blankets for the Raleigh Rescue Mission.

They are planning to have their next meeting on Monday, 19-Jan at 3:30 at the farm. This will be in conjunction with the MLK Camp at the barn.

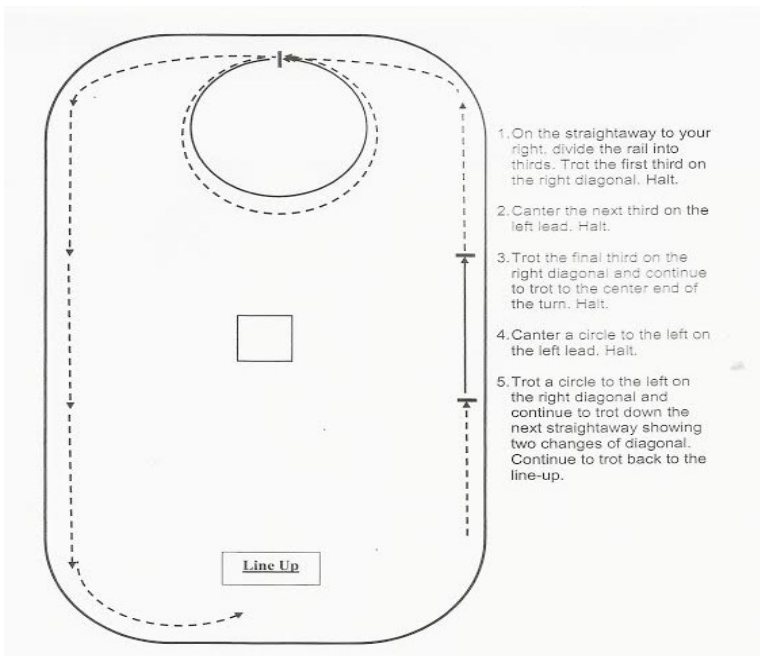
Camp for the day is \$70 from 10-3:30. For the advanced / show riders we are offering overnight camp starting at 6pm on Sunday. There will be riding, games and dinner. The extra fee is \$30.

Please sign up by January 12th.



Meet: 19-Jan
@ 3:30

It's Time to Workout! January Pattern



Well done Monet Harrison, Sara Huber, Hannah Champion and Maddy Bagshaw for completing the December workout They were entered into a drawing and Sara Huber won a \$5 Chick Fil A gift card!

Inside this issue:

Understanding Colic	2
2015 Show Season Planning Event	3
ASB Quiz	3
Lesson Details	4
From the Rulebook	5

Funletter

Understanding Colic

The word “colic” simply refers to abdominal pain and while this is a very simple definition, colic itself can be hugely complex, ranging from gas pain to total gastrointestinal (GI) obstruction. Colic is one of the most serious illnesses a horse can endure and it is critical for horse owners to recognize the early signs, because the sooner the horse is seen and treated, the greater the chances of recovery.



Signs of colic in the horse vary, but can include not eating, yawning, restlessness, groaning, repeatedly curling the upper lip, looking at flank, continuous or intermittent pawing, circling, backing into corner or post, standing in a stretched position, lying down repeatedly rolling and sweating excessively. Get your horse to the vet as quickly as possible. If it is a case of mild colic, the horse may be sent home in a few hours. If the colic is severe, expect days--and in the case of surgery--weeks. Time is of the essence when a horse is colicky. Immediate medical attention is an absolute must.

Here are a few simple guidelines while you wait for the veterinarian to come to you or as you prepare for your trip to the vet hospital. First of all, do not allow the horse to have access to hay or grain. Although interest in feed is a good sign, it could make the colic more severe. Second, be prepared to provide your veterinarian with as much information as possible such as clinical signs (pawing, sweating, rolling, etc) rectal temperature (normal between 98 - 101.2), heart rate (normal between 30-40 beats per minute) and the horse's gum color (normally pink). Third, keep the horse comfortable. If the horse lies down and stays down quietly, even in an unusual position, leave him alone. If he wants to get up and change positions periodically and then lie down again, leave him alone. If he constantly gets up and down and tries to roll frequently, walk him around. If the horse seems comfortable with occasional walking then continue. Be cautious of long-term of fast -paced walking as it can actually tire the horse out and cause more dehydration.

Treatment for colic will vary depending on how long it has been going on, severity of clinical signs and vitals and area of GI impaction. Intravenous fluids (IV) may be administered at a very high rate and volume as well as using mineral oil and water passed through a nasogastric (NG) tube to get it into the stomach. Pain medications and GI stimulants may be administered to offer comfort in addition to helping the GI move the obstructed matter. In some cases, emergency surgery may be the only option.

There are a few things the horse owner can do to reduce the risk of colic.:

- 1) always make sure horses have access to fresh water,
- 2) feed good quality hay and grain,
- 3) be cautious when deworming out of routine instead of according the Fecal Egg Count (FEG) and never deworm using an Ivermectin product without an FEG being performed,
- 4) offer salt/mineral block to help increase water intake.

Signs of colic include not eating, yawning, restlessness, groaning, repeatedly curling the upper lip, looking at flank, continuous or intermittent pawing, circling, backing into corner or post, standing in a stretched position, lying down repeatedly rolling and sweating excessively.

Volume II, Issue I

2015 Show Season Planning Event

January 31 we will be having a get together at Heather's house at **4pm** for academy riders and show riders. We will go over the basics of putting together your show outfit, tying ties, doing the right hair do and makeup. Bring your caboodle and we will help to get it organized for 2015!

There will be door prizes too! We will go over the show schedule for 2015.

At **7pm** we will be having a dinner meeting at the Boodey house to go over the 2015 show schedule for show horse riders.

Please RSVP for both to Heather!



Test Your Saddle Horse Knowledge

Take this ten-question quiz.

Ready? Here we go.

1. The American Saddle Horse is really the American Saddlebred Horse.
2. This horse was originally a cross between the Narragansett Pacer, (the first horse breed developed in the United States, which is now extinct) and the Standardbred.
3. They were developed in Virginia in the 18th Century after the Revolutionary War.
4. American Saddlebreds must be solid colors.
5. This breed's average height is always 16 to 17 hands.
6. This horse is five gaited, including a high-stepping rack.
7. This breed is shown exclusively in saddle seat and pleasure driving classes.
8. Because of its beautiful "swan" neck, this breed is given the name "The Swan of the Horse World."
9. This breed is high spirited and very difficult to train.
10. There is a Saddlebred museum in Lexington, Kentucky.

(answers on last page)

Funletter

January Birthdays

Jana Askeland, Dylan Miller, Dylan Kirk, Gabriella Ramos, and **Heather Boodey**

[Ingleside Farm YouTube Channel](#) (click to view)

New videos of Sha-Boom, Pearl and Road Runner posted!

Good Stuff

If you missed the party check out this video to see all the excitement <http://youtu.be/oQ3En7eQFcl>.

Linda Weber of Hawkewood Custom Clothing was here and everyone got new looks for 2015!

Congratulations to Ken K and CH Sha-Boom for being a High Point Report Champion!



The 2015 ASAC Convention is fast approaching on January 23-25, @ the Embassy Suites in Concord. The hotel provides free parking and a complimentary breakfast buffet. Reservations must be made by the **JANUARY 11**; the rate is \$134.00 per night using "ASA" @ 704.455.8200. The ASAC Awards Dinner and Dance (Sat night) tickets are \$60.00 /\$30.00 (12+/12-).

The ASAC Awards Dinner and Dance is Sat night, 24-Jan

Lesson Program News with Alex Ennis

Private Lesson:
\$40 (~ 30 minutes)

Semi-Private Lesson: \$40
(45-60 minutes)

(2 or 3 advanced riders only)

4-Lesson Package: \$150 (must be used within 30 days)

8-Lesson Package: \$280 (must be used within 60 days)



Please read the following regarding lesson cancellations due to Winter Weather: If the HIGH temperature for the day will be in the 30's, we will plan to see you at the barn for your lesson.

If the HIGH temperature for the day will be in the 20's, you are under no obligation to take your lesson. However, please call Heather to indicate if you will attend.

IF SCHOOL IS CLOSED: Lessons will still be on as scheduled. Please contact us to confirm whether you will or will not be at your lesson.

If you fail to cancel your lesson on a day that we have lessons as scheduled, you will be charged



INGLESIDE FARM

Heather Boodey, owner/trainer

Megan Whitby, assistant trainer

606 Hicks Rd., Franklinton, NC 27525

(919) 494-1095 ~ inglesidefarm@earthlink.net

Volume II, Issue I

Love to Ride!

You know if you got at least eight of the questions correct, your considered an American Saddlebred expert. Here are the answers:

1. T 2. F The Saddlebred is a cross between the Narragansett Pacer and the Thoroughbred. 3. F They were developed in Kentucky in the 18th C. after the Revolutionary War. 4. F They can be mostly solid colors but can be tobiano, splash overo, and sabino. However, these colors are prohibited: dun, frame overo, rabicano, appaloosa patterns, and true roan 5. F They can be from 14.2 to 17 hands. 6. T 7. F They are also shown in dressage, hunter/jumper, some western classes, and fine harness. 8. F They are given the nickname "The Peacock of the Horse World." 9. F It possesses "exceptional aptitude for

We're on the web!

www.inglesidefarm.com



From the Rule Book

SBI03.3 Horses may be shown with unset tails in any class without penalty

SBI07.1 In American Saddlebred performance classes when the judge calls for the line up exhibitors must continue in a clockwise direction to bring their entries to the line up.

Judge(s) to penalize entries that do not comply.